



Rastafari George "Aahkhun" Singleton

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Singleton, enigmatic to some, is a yet compelling figure in the Rastafari community. His views are unorthodox drawing from his study of Ancient Egypt as the source of Rastafari which most would consider heresy, even objectionable. Most who know him will agree it is his actions that have always spoken loudest. Due to his understanding he has faced additional opposition within the community with unwavering conviction. He blends a tradition of metaphysics as interpreted from hieroglyphics illustrating "the Path of th Aten" named for the 18th dynasty champion of monotheism Akhenaten.

His research concurs with the view observed by Ahmed Osman that Moses was Akhenaten in his book "Moses and Akhenaten." To Singleton's understanding the etymology of the word 'Rasta' comes from the name of the 5th metaphysical astral plane with 'Fari' meaning pharaoh to be interpreted master of the 5th astral plane.

George was initiated into Rastafari after leaving medical school on a visit to Jamaica where he met Ras Huai, one of Bob Marley's herbal physician's. Further inspired by the movement he met a woman who attributed her amenses condition (no menstruation) to her vegan diet; further confirming his views on nutritional herbology, having learned of the same condition previously in Navajo women.

Howard Mckinley, Vice President of the tribal government at Ft. Defiance, (Navajo Nation) served as Singleton's mentor and convinced him of the importance of maintaining indigenous gardening techniques devoid of animal husbandry in 1979. It was here that he established the Navajo Greenhouse Food Program, a welfare to work program, and a food cooperative from a 1982 grant from the Department of Native American Affairs.

After leaving the reservation addressing the inefficient U.S. government administration of the Welfare to Work program; yet facing a funding shortage, Singleton published an e-book on nutritional herbology in 1986 and took his project into Los Angeles with private financial backing from Barbara Washington. These efforts showed a positive correlation between the vegan diet; along with horticultural training, and improved classroom performance at Hope H.S. Though a [1995 NBC news pilot](#) featuring the project was cancelled, it received a federal grant from the US Forest Service Department of Agriculture.

"...in the final trip to Jamacia i met Ras Huai one of his herbal physicians and he told me why Bob (Marley) was dying and he told me what Rastafari was really about and when he told me what it was really about i said well that was me that's exactly what i am and when he told me what Rastafari was really about was bringing back heaven on earth...bringing back the garden on earth that was Ras Huai he had a doctorate from London University medical school and he was practicing medicine and he was a Rasta and he gave me some of the heaviest weed i ever had in my entire life. That stuff he put on me was incredible and i dreaded right then and there i went i dreaded i just said i am rasta and i went into the ocean and i had a 2 foot afro and when i came back i had dreadlocks in one weeks time my hair dreadlocked." - George Singleton

Since George's allegations of genocide due to ineffective government administration on the reservation in addition to the 1998 felony [Mulein and Rosemary](#) charge brought against Singleton, federal funding of his SAF poverty reduction project as well as media coverage have diminished, or even better reneged. He explains his allegations from the standpoint of exploitation of the natural resources ie. drainage of the Colorado River basin resulting in regional desertification, a predominance of alcohol, and systematic contingencies that disqualified people from access to benefits.

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