

**A DEEP BED**

*You can create a deep bed by digging to a spade's depth and loosening the soil to a further spade's depth. You must incorporate a large amount of manure and never tread on the bed. The very loose soil will allow the roots of your crops to penetrate deep down, instead of spreading sideways as they do in conventional beds. You will get bigger vegetables and you will be able to grow them closer together.*

