

Appendix E
The Reversal of Alzheimer's Disease (AD), Parkinson's Disease (PD) and Other Dementia

I. The Cause

One could wait a few more years until the *allopathic* and *osteopathic* medical communities admit they now know the cause of the various manifestations of **Dementia**, or one could gain from the observational evidence that clearly points to the ingestion of **mammalian animal "pseudo-foods" (red meat) or "Mammal Cannibalism"** as the culprit.

The aboriginal diet of humans beings (*homo sapiens*) is part of the Great Law called "General Human Systems Theory (GHST)" which was written by Moses [alias Egyptian "School of On (*Annu* or God)" 18 th Dynasty Egyptian/*Kemitian* Pharaoh Akhenaten] in the Book of Genesis 1:29 of the Hebrew Old Testament and Christian Bible. Hereditary forms of Dementia simply means those with familial genomes that are more sensitive to red meat "pseudo-food" ingestion and its "slow poisoning" effects than the rest of earth's human population.

II. The Proof

One has only to do comparative study of the **Prion Protein Infectious Diseases** to see the extreme results of "**Mammal Cannibalism**;" i.e. as humans are mammals the possible consequences from eating from ones own family group the domesticated or wild mammals. The **Prion Protein Infectious Diseases** include the following **spongiform encephalopathys (SE)** amongst humans:

- 1.) **Kuru** __ from cannibalizing human flesh
- 2.) **CJD (Creutzfeldt-Jacob Disease)**
- 3.) **GSS (Gerstmann-Strausler-Schewke Syndrome)**
- 4.) **fatal familial insomnia**
- 5.) **Iatrogenic CJD** from failed surgeries of brain tissue, cornea grafts, administration of human growth hormone
- 6.) **variant CJD** from ingesting **Bovine Spongiform Encephalopathy (BSE)** contaminated cow meat

The **Prion Protein Infectious Diseases** include the following **SE's** amongst the mammalian animals other than humans:

- 1.) **BSE** __ affecting cows (**Bovine Spongiform Encephalopathy, "mad cow disease"**)
- 2.) **Scrapie** __ affecting sheep
- 3.) **spongiform encephalopathys** __ affecting wild moose and wild sheep

The **SE's** are all "**slow infectious diseases**" taking a long time period to manifest into the symptoms of **a.) dementia** and/or **b.) "spongiform" holes in the brain tissue** and/or **c.) serious brain plaque formations**. **They are all fatal with no reversal possible using the conventional *allopathic* or *osteopathic* medical paradigm.**

One simply has to comparatively look at the etiology of **Kuru** amongst the *Fore* people of New Guinea who were cannibals of other humans; and add that to the Great Britain meat industry's mistake of feeding vegan cattle the ground up bodies of sheep and other dead cows which resulted in **BSE** to understand that the human brain can not be exposed to any amount of brain tissue or Central Nervous System nerve tissue as **Prion Protein Infection Disease** is a risk.

There is no such thing as eating bacon, hamburger, baloney, ribs or steak and not ingesting minute amounts of mammalian animal brain or nerve tissue!!!

The **human brain dementia diseases** of **Alzheimer's Disease (AD)** which includes **plaque** development and **Parkington's Disease (PD)** have proliferated from being almost unknown 30 years ago to being in the top 10 killers of Americans and main sources of *dementia* which fill the nursing homes in America. Their proliferation is associated with the increased animal mammalian meat per capita ingestion by Americans via the modern fast food high fat and protein diet. **AD** and **PD** are simply lower level intensity **Prion Protein Infectious Diseases**. **They too will lead to death of the patient**. However, they are stoppable and even reversible if the remedial regimen is begun and carried out properly.

III. The Reversible Dementia Diet and Cleansing Regimen

Immediately begin a TOTAL vegan diet ____ a vegetarian diet will not yield a reversal result __ any lapses here will not bring fruitful results __ **do you allow babies to eat poison?**

- 1.) For breakfast 2 cups minimal of Mexican Papaya for breakfast fresh cut up or in smoothies with other fresh berries **especially** blueberries using evaporated sugar if desired.
- 2.) For lunch 2 cups minimal unroasted sprouted sunflower seeds and pumpkin seeds with pecans and/or walnuts in "seed drinks" with evaporated sugar. "Seed drink" directions are in Original Prevention of Sickness Pamphlet (Pamphlet) freely downloadable from <http://www.theuniversityofgod.org/Page8.html>.
- 3.) follow Dr. Dean Ornin, MD.'s Cardiovascular Disease Reversal Diet in his book The Spectrum.
- 4.) follow the Mediterranean Diet by a.) cutting out fish, sea animals and dairy substituting "mock meat", whole grains, legumes, seeds and nuts and seed/nut milk and cheeses; and b.) cutting out wine and substituting plenty of freshly squeezed vegetable juices **especially** "organic (Whole Food '365 Brand)" carrot, spinach, beet, celery and garlic and fruit juices **especially** seeded grape and blueberry juice mixed with Mexican Papaya as a smoothie.
- 5.) use any other vegan diet menus or create entrees by substituting the "mock meats" for animal meat in menus.
- 6.) each month __ preferably in the beginning of the month __ do a 9 day fast on Mexican Papaya __ you do it along with dementia patient __ each day doing a "seed drink" just before bed and a high enema the instructions in Pamphlet.
- 7.) Prepare daily 12 ounce drink of Southern Mexico Yam Tea made by the Infusion method instructions in Pamphlet.
- 7.) optionally monthly series of colonics administered by a certified Physical Therapist or Colonic Specialist.

It takes years for AD and PD and the more severe Prion Protein Infection Diseases to manifest symptoms so give this regimen at least 9 months to show reversal signs.