

GREEN PAPER: US White House and US Congress Submission

Resolution of the American Health National Security Issue Omission:

“The Great Pathophysiological Ramifications of Dietary Cholesterol & Bile Acid Metabolism:”

Request for US Congressional National Security Investigations: Scientific Text

Appendix A-1: The *Aboriginal* Diet of Humans (*Homo Sapiens*)

ABSTRACT

A synthesis of **multidisciplinary analyses documents** listed in the **Bibliography B.** on the identity of the **aboriginal human diet** clearly indicates that the **aboriginal human diet** was and by definition still is the **Herbivore/Vegan Diet**. Thus it is no coincidence that the **Herbivore/Vegan Diet** is identified in the **Bible Genesis 1: 29** as the “directive for human nutrition” — “**food from the soil**” — and is part of the “**Great Law**” of **General Human Systems Theory**.

I. Ancient African, Eastern and Middle Eastern Cultures and Civilizations: “Golden Age”

Recent paleontology and archeological circumstantial evidence supports the premise that the **Herbivore/Vegan Diet** is **aboriginal** is based on the new technique of **hair analysis**. SA Macko, *et al* in the article “**The Ice Man’s diet as reflected by the stable nitrogen and carbon isotopic composition of his hair**” in **FASEB Journal**, V 13 (3), pp 559-62, 1999 states that:

“We have also recognized a **primary vegetarian component** in the diet of the Neolithic Ice Man of the Oetztaler Alps (5200 BP).”

Please note that in 5,000 BC. the “**primary vegetarian component**” was the **herbivore/vegan diet**.

The **Herbivore/Vegan Diet** of eating “**foods from the soil**” was **aboriginally** established by the **African Culture** in the Nile River Valley **theocracy** of Ancient Egypt/*Kemit* lead by the priests of the **esoteric “School of On (Annu or God)”** circa 100,000 BC. This dating is based on the genetic dating of the human genus *homo sapiens* female **mitochondria** genome originating in Africa at circa 350,000 BC. The human **mitochondria** of hepatic (liver), vascular (blood vessel) and kidney endothelial cells have the enzyme **27 Sterol Hydroxylase** to detox **Dietary Cholesterol** metaphysically designed from within a **Vegan Diet** genotype environment.

The **Vegan Diet** was and is characteristically founded upon the **sustainable economic development technology of Horticulture** implemented by the **esoteric “School of On (Annu or God)”** based on integrated **deep bed** gardens and forests using **earthworm** production and conservation of **humus** top soil **without** using **animal husbandry** to produce its tree and plant sourced food stuffs.

The **Vegan Diet** was in ancient times and still is used by the **Eastern Culture** of the Ganges and Indus River Valley **Jain** and **Hindu** civilizations of the Asian Sub-Continent of India and the **Buddhist** civilizations of China and South East Asia which were in communication with the **African Culture** of the Nile River Valley **theocracy** of Ancient Egypt/*Kemit* lead by the priests of the **esoteric “School of On (Annu or God).”**

The **Vegan Diet** was adopted by the ancient Ionian **Greek Philosopher Pythagoras** who was trained at the “**School of On (Annu or God)**” of Ancient Egypt/*Kemit*. Pythagoras’ subsequent teachings influenced upper classes of the ancient Greek and later Roman societies’ of the Mediterranean Sea.

“For as long as men massacre animals, they will kill each other. Indeed, he who sows the seed of murder and pain cannot reap joy and love.”

Pythagoras (6th century BC)

The **aboriginal Hippocratic Oath** of ancient physicians is traceable to Pythagoras and the **esoteric “School of On (Annu or God).”** It is notable the various modern **Hippocratic Oaths** taken by **allopathic MD.** physicians today are significantly modified versions of the original oath.

The **Vegan Diet** was adopted by the ancient **Hebrews**, as their Patriarchs Joseph and Moses (*alias esoterically* Pharaoh Akhenaton) were also trained at the “**School of On (Annu or God)**” of Ancient Egypt/*Kemit*. The **Vegan Diet** was practiced by the **Essene** Hebrews who wrote the **Dead Sea Scrolls**. As proto-Christians the **Essenes** raised the **Nazarene** Prophet John the Baptist who initiated the Christian Master Jesus Christ.

A. Quoting from the Encyclopedia Britannica on the **Essene(s) {Hebrews/Jews}:**

“According to **Clement of Alexandria** (200 A.D.) the **Essenes** were strict abstainers from flesh foods.”

“As a result of the ascetic training of the **Essenes**, and their temperate diet, it is said that they lived to a great age, and were superior to pain and fear.”

“... they had in many respects reached the highest moral elevation attained by the ancient world, they were just, humane, benevolent and spiritually-minded; the sick and the aged were the objects of a special affectionate regard; they condemned slavery . . . as an impious violation of natural brotherhood of man.”

“Josephus says that the **Essenes** lived the same kind of life as did the **Pythagoreans**. . . . they entirely addict themselves to husbandry... they are long lived also in so much that many of them live above a hundred years!”

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- B. “Dean Stanley points out certain evidence that **St. John** was an adherent of the **Essenian** philosophy.... Thus from the above **St. John** by inference was a vegetarian too.”
“The **Homilies of Clement**, according to Howard Williams”... assure us ‘that **St. Matthew**’ lived upon seeds and hard shell fruits and other vegetables, without touching flesh.”
“The **Homilies of Clement**, according to Howard Williams, represent **St. Peter** as a strict flesh-abstainer, living upon bread and olives only, with the addition rarely of kitchen herbs. This information it is claimed was given by **St. Peter** himself to **Clement of Rome**.”
“Eusebius states that **St. James** never ate any animal food.”
NOTE: St. James is St. James the Just, Jesus Christ’s brother and known **Essene Nazarite**.
“According to **St. Augustine**, he lived upon seeds and vegetables, never tasting flesh or wine.”

(from John Harvey Kellogg’s The Natural Diet of Man, 1923, pg. 77)

The **Vegan Diet** was adopted by the ancient *Sebean* civilization of Sheba in Asia Minor who also studied at the “**School of On (Annu or God)**” of Ancient Egypt/*Kemit*. Their successors were the proto-Muslim *Sufi Mystics* who initiated the founding *Muslim* Prophet Muhammad in the cave of *Hira*. Thus the **Vegan Diet** was introduced to the initial *Muslim* societies of the Middle East.

Consequently, the **Vegan Diet** can be seen today reflected in the modern **Mediterranean Diets** of southern European Mediterranean societies of southern France, Spain and Italy *albeit* using fish and wine instead of nuts, seeds and unfermented grape and other fruit juices; and can also be seen today reflected in the modern **Mediterranean Diets** of *Muslim* North African and Middle Eastern societies using for example Garbanzo bean based *hummus*, *cous cous*, *tabouli* and goat dairy.

II. Ancient European and North Asian Culture and Civilizations : “Mammal Cannibalism”

The **Western Culture** of Europe and North Asia which invented **Agriculture** based upon domesticated grain and legume “field plants” and based upon the **animal husbandry** of domesticated mostly mammalian animals was founded by people who used the *novel* and *experimental* **Omnivores Diet**. This diet’s *novel* and *experimental* aspects stem from the adaptation to the inclement weather of 90 to 120 day growing seasons in post Ice Age Europe and Northern Asia spread around the world from the metaphysically militaristic cultures which used this aggressive behavior generating **Omnivores Diet**.

In these temperate areas of Europe and Asia the mythical **King Osiris and Queen Isis** invented the new **applied science of agricultural** around 10,000 BC. as opposed to the **aboriginal applied science of horticulture**. It was needed to replace the heinous ritual and practice of **cannibalism** which was **obviously socially despised and ostracized** and the often ineffective **hunting of wild animals** which was sporadic and caused their rapid disappearance in Europe and Asia. This new **applied science of agricultural** had as its components a.) domesticated animals mostly mammals; b.) animal husbandry; c.) animal manure based fertilizing; d.) domesticated grains and legumes; e.) animal powered field plows; f.) farming of plots with ploughed parallel fields and g.) **Omnivorous diet** which negated the perennial food shortage from the winter shortened growing seasons in the temperate areas of Europe and Asia.

Note that the **Omnivores Diet** of these humans being mammals feeding from their own mammalian family group via domesticated mammal animals initially constituted and still constitutes a form of “**mammal cannibalism**.” **Sickness treatment epistemologically** this “**pseudo**” food generates in the human body **autoimmune responses** including **white blood cell’s** production of **antibodies** and **amyloid protein** excretion and the **liver’s detox conjugation** with **glucose**, the amino acid **glycine** and sulfonic acid **taurine**.

Unfortunately, this characteristically *pastoral lifestyle* using domesticated mostly mammalian animals sets into motion the environmentally destructive interconnected vectors of pastoral overgrazing, the loss of **humus** top soil, the change of local rain patterns from the progressive loss of shrub and trees breaking their provided ground water to atmospheric water cycle and eventually the regional systemic death of trees resulting in large scale *desertification* and *deforestation* wherever it is used.

The appearance of **chronic diseases and syndromes** herein called the **Dietary Cholesterol and Related Diseases and Syndromes (DCRDS)** naturally manifests within any culture’s people soon after they adopt the *novel and experimental* **Omnivores Diet**. This is because the human body can not properly utilize **Dietary Cholesterol** from another mammal or human of which consumption results in immune system rejection as seen in **Diabetes Mellitus**, **fermentation** and **putrefaction** microbial intestinal sanitation problems and/or initiation of serious **priion** infections.

The **Great Britain Empire was based on the novel Omnivores Diet** but its **Royal Navy** soon learned the bitter lessons of the need for “foods from the soil” with scurvy, beriberi and pellagra caused vitamin deficiencies. During the **Victorian Age** the tradition of fruit as the days first meal was replaced with “**breakfast**” or “**break the fast of dinner**” was instituted avoiding fruits and vegetables and substituting with a heavy meat and carbohydrate morning meal.

Historically, the *novel* **Omnivores Diet** is still characteristically associated with 1.) environmental pollution with its over grazing animal husbandry agriculture producing soil erosion and animal feces and urine runoff into surface water and ground water tables; 2.) environmental destruction of *desertification* and *deforestation* ; 3.) unsustainable economics with the ineffective use of grains and seeds to feed domesticated animals for food instead of feeding people; 4.) the *chronic diseases and syndromes* better termed the **Dietary Cholesterol and Related Diseases and Syndromes (DCRDS)**

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caused by the inevitable *immune system rejection* of its “pseudo food” elements and *intestinal microbial toxemia*; and 5.) the continued militaristic endeavors and unhumanitarian “mean” culture this diet spawns/generates. Medieval Europe’s constant wars, killing plagues originating from the ***chronic enteric anaerobic bacterial toxemic infections*** of all those who eat animal meat and colonialization of militarily weaker people in the name of Jesus Christ were predictable outgrowths of the experimental, *novel* and environmentally destructive and internally unsanitary **Omnivores Diet**.

Today the **Omnivores Diet** is still *novel* and experimental because the human genome will not accept it without exception. This is seen in “industrialized countries” and in urbanized areas of “developing countries” where it is imported for example by America’s MacDonalD Restaurants; results in millions of people being malnourished, going hungry and being sickness ridden from the ***chronic disease and syndromes*** based ***iatrogenic poverty*** and ***economic poverty*** generated by the **Omnivores Diet**.

III. Origin of the Vegetarian Diets of Africa and Asia: “Accommodation”

The **Vegetarian Diet** is related to the **Vegan Diet** but was developed later as a ***modification*** and ***socio-political economic*** cultural ***accommodation*** of the invading peoples from Europe and North Asia who brought the **Omnivores Diet** into Africa and Southern Asia who *aboriginally* used the **Vegan Diet**. By using the less cholesterol dense dairy products of domesticated mammalian animals and eating little or no animal flesh “foods”, they attempted to ameliorate **Omnivores Diet**’s ***deforestation*** and ***desertification*** vectors needing fewer ***Agricultural animal husbandry*** raised domesticated mostly mammalian animals feeding themselves and their animals domesticated grains, legume and seed producing plants.

Proof of this is that the domesticated mammalian animals the cow, goat, sheep and horse are not native to Africa and were imported in by invader and migrant peoples.

This ***accommodation*** occurred in **Ancient Egypt/Kemit** with the defeat of the **Pre-Dynastic invasion** of the **Dynastic Race** starting the **1 st Dynasty of the Dynastic Race** *esoterically* mixed Caucasian and Asian Dravidian peoples. By the **3 rd Dynasty diabetes mellitus** was being described medically and being treated by the physicians of **Ancient Egypt/Kemit**. The **Omnivores Diet** was later reintroduced during the **Hyksos invasion and occupation** from the **13 th to the 17 th Dynasties**. This accommodation ended with the ***environmental*** and ***socio-political economic*** ***destruction*** of this multi-millennium surviving civilization by successive invasions and occupations by the **Omnivores Diet** based Persian, Greek and Roman civilizations.

The **Greek City** states were based mostly on the **Omnivores Diet**. However, take note that the vegan/vegetarian teachings of **Pythagoras** had caused the upper classes in **Athens** to adopt the **Vegetarian Diet** as seen in the personal dietary choice of the **Philosopher Socrates**.

The **Roman Republic** and later the **Roman Empire** was based on the **Omnivores Diet**. Yet take note that then General Julius Caesar in his **Memoirs** relates that he had to change the diet of his army fighting against the **Vegetarian Diet** using Gallic Tribes in his Gallic Wars as the Gallic women were killing his troops in hand to hand combat.

This ***accommodation*** occurred in **Ancient India** with the invasion of the **Europeans** lead by Rama and subsequent invasions of the **Omnivores Diet** Scythians. The later invasion attempt by the **Omnivores Diet** using **Macedonian Greek** lead by Alexander the Great ended in his mortal wounding. Likewise the later attempt by the **Omnivores Diet** using **Roman Empire** invasion of India was repulsed with the **Roman Emperor** himself killed in battle largely from the hand to hand combat superiority of the **Vegetarian Diet** using Indian army.

The later successful invasion and occupation by the **Omnivores Diet** based **Great Britain Empire** of India ended with the ***environmental*** and the ***socio-political economic*** ***destruction*** of **mega-India** now split into the nations of **Pakistan, Bangladesh** and **India**. All these nations are struggling with various forms of ***socio-political economic*** problems stemming from the **Vegetarian Diet** and requisite **Agricultural** technology base.

The ultimate defeat of the **Nazi Germany World War II military** was due to the comparative inferiority of its food stuffs forced by the **British and American Naval blockade** from getting the importation of phosphate, phosphorus, animal manure and other natural organic fertilizers. The **Nazi’s** turned to the novel and experimental “organic chemistry” to use for the first time on a large scale **N-P-K chemical fertilizers** derived oil petroleum to produce its domesticated animals and vegetable, grain and food products.

The differences of **animal husbandry practices** of the **western civilization** and the **eastern civilization** in the raising of cattle and the production of dairy products is reflected in the **former’s** use of these animals as **animal meat sources** and the **latter’s** forbidding such use as violating a ***sacred animal***. Thus the **western civilization animal husbandry practice** has dairy products with **high levels of cholesterol** derived from using the cows milk sac lining or ***rennet*** in dairy products and the **eastern civilization animal husbandry practices** having dairy products practically **devoid of cholesterol**.

T. Colin Campbell, Ph.D., of Cornell University, director of a study of 6,500 Chinese found a close correlation between meat consumption and the incidence of heart disease and cancer.

“Usually, the first thing a country does in the course of economic development is to introduce a lot of livestock. Our data are showing that this is not a very smart move and the Chinese are listening. They are realizing that animal-based agriculture is not the way to go.... We are basically a vegetarian species and should be eating a wide variety of plant food and minimizing our intake of animal foods.... Once people start introducing animal products into their diet, that's when the mischief starts.”

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IV. The Omnivore Diet’s Deleterious Effects Compounded by *Allopathic* Medicines: *Metabolic Syndrome*

As recently reported by free lance journalist Andrea Stone 11/03/2009 on www.sphere.com America’s military recruiters have declared that 75% of the American youth are unfit for military service because of overweight and obesity, mental neurosis including drug and alcohol abuse and prison records. It is clear that the **Omnivore Diet** generating the **chronic diseases and syndromes** including latest manifestation of ***Metabolic Syndrome*** is the cause of this **Health National Security** crisis.