

GREEN PAPER: White House, US Congress, US/DHHS & US/DS
Resolution of the American Health National Security Issue Omission:
"The Great Pathophysiological Ramifications of Dietary Cholesterol & Bile Acid Metabolism:"
Request for US White House Office of Health Reform Forum: Scientific Text
[Resolution Text with Abstract, 10 Appendixes, 6 Tables, 2 Flow Charts and Bibliography]

Submission History: US Secretary of State Hillary Rodham Clinton __ GP (7/10)
(White Paper_ WP) White House/US, President Barack and First Lady Michelle Obama __ RP (2/10), GP (3/10) (7/10)
(Blue Paper_ BP) White House/Office of Health Reform Director Nancy-Ann DeParle __ WP (3/03), BP (11/03), RP (2/10), GP (4/10)
(Red Paper_ RP) US Congress Speaker of the House Nancy Pelosi (D, CA, 8 th District) __ WP (10/03), BP (11/03), RP (2/10)
(Green Paper_ GP) US Congress Senate Majority Leader Harry Reid (D, NV.) __ WP (3/03), BP (12/03)
US Congress Senate Pro Tem and US Vice President Joseph Biden __ BP (12/03)
US Congress Senate HELP Committee Chairperson Tom Harkin (D, IA.) __ WP (3/03)
US Department of Health and Human Services Secretary Kathleen Sebelius __ RP (3/10), GP (3/10, (5/10), (7/10)

Abstract

This Green Paper by America's 2007 & 2009 European Union Humanitarian Grantee BRCA, Inc. points out that the 2009-10 historic public meeting debates and media analysis that finally led to passage of Health Care Reform Legislation by the US Congress, predictably omitted the Health National Security Issue that the **major cause** of the ever increasing health care costs in America is the failure to address properly the **complex etiology of the chronic diseases and syndromes**. The **key etiological role** of "dietary cholesterol metabolism" including especially its derivative "bile acid metabolism" in the **chronic diseases and syndromes** was omitted. Included are those of the Heart, the Cancers, Stroke, Asthma, Emphysema, Bronchitis, *Diabetes Mellitus*, Alzheimer's, Influenza, Pneumonia, the Kidneys, the Liver, Hypertension, Parkinson's, and Septicemia. In addition, as Amnesty International USA has identified America's genocidal rate of maternal mortality as well its associated genocidal infant mortality rate can be added for immediate amelioration.

Specifically, the **systemic causation** of the **chronic diseases and syndromes** is Dietary Cholesterol and **its related Animal Protein and Animal Fat residues** acting as a "slow poison" and simultaneously nutritionally supporting a chronic colonic pathogenic **anaerobic bacterial infection** and chronic intestinal constipation generating blood transported organ inflammatory and autoimmune reactions with cellular, tissue and organ toxic necroses, mutagenesis, atherogenesis, cholelithogenesis and carcinogenesis .

This Green Paper projects that since these **chronic diseases and syndromes** consumed last year at least 65% of the nation's annual \$2.5 Trillion health care expenditures that the just established Health Care Reform Legislation if implemented with proper **Sickness Prevention Education and Practice Incentives** would save hundreds of thousands of lives and reduce health care costs annually by \$600 Billion by 2012. This saving would result from a properly **sickness prevention educated** public from whom it is predicted a minimal ¼ of the nation's people would make the properly informed dietary lifestyle change decision to avoid ingesting **Dietary Cholesterol foods** and to practice proper body cleansing regimens to remove their residues.

This **Green Paper** invalidates the belief held by the Congressional Budget Office (CBO), many health care industry experts and distinguished news media economic analysts that the **prevention of sickness component** by the just established Health Care Reform Legislation's would not generate significant health care expenditure savings but instead would lead to further deficits.

Consequently, this **Green Paper** proposes that since the previously requested convening of a 2010-2011 US Select Committee on Human Nutrition and Human Needs and/or US House of Representative/Ways and Means Committee Hearing is **politically impossible now** that the National Republican Party has made the US Congress passing of the Health Care Reform Bill a November, 2010 national election issue and repeal target; that the White House Office of Health Care Reform hold a **Forum on American Maternal and Infant Mortality Etiology and Possible Solutions** moderated ideally by Dean Ornish, MD., *Director, Prevention Health Research Center* to address the complicated and controversial etiological roles of Dietary Cholesterol and Bile Acid Metabolism.

It is predicted that the result of such a White House Office of Health Care Reform Forum would be overwhelming bipartisan implementation of the presently bitterly opposed Health Care Reform Legislation and its **sickness prevention health education and practice incentives** that is self-funding saving minimally \$600 Billion a year by the public and its present political opponents.

The National Security relevance of this "omitted health issue" is based on the fact that the ancient Roman Empire and the modern Great Britain Empire fell in large part from within ignoring this **issue of breaking the law of nature** in regards the **aboriginal natural vegan (herbivore) diet of human beings** presented in the **Bible Genesis 1: 29 (King James Version)**:

"And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat."

The Greek Father of Medical Writing Hippocrates VI of Cos (460 BC to 377 BC) wrote:

"Everyone has a doctor in him or her; we just have to help it in its work. The natural healing force within each one of us is the greatest force in getting well. **Our food should be our medicine. Our medicine should be our food.** But to eat when you are sick, is to feed your sickness."

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D. Global Warming Environmental and Food Production Benefits

As pointed out in Appendix A-1 because of the adoption of the novel Omnivore Diet and the necessary invention of domesticated animal husbandry based agriculture as opposed to the Bible Genesis documented aboriginal Vegan Diet and complementary horticulture of the legendary Garden of Eden.

Appendix E presents the courageous and "state of the art" editorial by Doctor Dean Ornish, MD in the May, 2009 American Journal of Cardiology entitled "Mostly Plants" where he argues elegantly the following:

- a.) the Vegan and Vegetarian Diets should be recognized by the *allopathic* medical community as the inevitable sickness prevention *life style change* that is superior to the Omnivores Diet;
- b.) the Vegan and Vegetarian diets would eliminate the \$20 Billion a year use of the "statin" cholesterol drug for a health reform savings of \$200 Billion over 10 years; and
- c.) the Vegan and Vegetarian diets have the *secondary benefits* of significant environmental pollution and poverty abatement where properly used.

Specifically, Dr. Dean Ornish, MD. states in "Mostly Plants":

"Also, what's good for you is also good for our planet. Animal agribusiness generates more greenhouse gases than all transportation combined [Food and Agriculture Organization of the United Nations. Livestock's Long Shadow: Environmental Issues and Options. Available at: <http://www.fao.org/docrep/010/a0701e/a0701e00.HTM>. Accessed June 9, 2009]."

"The livestock sector generates more greenhouse gas emissions as measured in carbon dioxide equivalent than transportation (18% vs. 13.5%). Also it accounts for 9% of the carbon dioxide derived from human-related activities. It generates 65% of the human-related nitrous oxide, which has 296 times the global warming potential of carbon dioxide. Nitrous oxide and methane mostly come from manure, and 56 billion "food animals" produce a lot of manure each day."

"Also, livestock now use 30% of the earth's entire land surface, mostly for permanent pasture but also including 33% of global arable land to produce food for them. As forests are cleared to create new pastures, it is a major driver of deforestation; some 70% of forests in the Amazon have been turned over to grazing."

"Finally, eating lower on the food chain is a more efficient way to produce protein. It takes significantly more resources to produce meat-based protein than plant based protein. As the earth's population continues to increase and resources decrease, choosing to eat plant-based foods frees up more resources to help feed others. Knowing that the food choices we make each day not only help ourselves and our families but also our planet often brings a sense of meaning for many people, this is a powerful motivator." (emphasis added)